



MARC-35.5 Exam Tips

EXAM SCHEDULING

Example of a description of the exam for the parent/legal guardian:

During the visit a clinician will listen to your child's lungs, look at your child's skin for eczema, look in your child's nose, do a nasal swab (and a nasal swab questionnaire) and do a blood draw. We will also ask you some questions about your child's recent medical history. Ensuring your child drinks plenty of fluids the night before and the morning of the exam will help ensure that the blood draw is as quick and easy as possible. During the visit we will ask you about your child's primary care provider and any asthma specialist he/she sees. It is helpful to bring that information if you don't know it off-hand. You will receive \$100 for your time.

Reminders for parent/legal guardians:

- Ensure your child drinks plenty of fluids the night before and morning of the exam. This will help make the blood draw as quick and easy as possible.
- During the visit we will ask you about your child's primary care provider and any asthma specialist he/she sees so please bring that information if you don't know it off-hand.
- If your child has a favorite toy or book that they especially love, feel free to bring this along for the appointment to help keep them engaged in the waiting room or during the visit.

PRIOR TO THE EXAM

Tips to prevent missed visits:

- **E-mail:** Send email two days before the visit reminding the parents of the time/location of the visit, the hydration protocol for the blood draw, and bringing primary care provider and asthma specialist contact info.
- **Phone call:** Call the day before the visit reminding the parent as above.
- **Text-messaging:** Many parents have been receptive (and often prefer) text message reminders as they carry their mobile and smart-phones with them everywhere, and some are more likely to read a text message than listen to a voicemail message. When you schedule their exam, ask if they would like a text reminder. If so, consider texting the day before and morning of the visit.

Please email your tips or suggestions to dsuzin@partners.org.